



# A land of artists and history Costa Brava Challenge Week

## 27th September

- 16.00 h Transfer to Empuriabrava
- 16.20 h Experience parachuting in its purest form in Skydive Empuriabrava

Your first skydive. Tandem skydiving. Experience parachuting in its purest form. An expert instructor will take care of everything so that the passenger only has to fly in one of the most soughtafter drop zones in the world.

- 19.30 h Transfer to Avinyonet de Puigventós
- 20.00 h Check in & dinner at Hotel Mas Bosch 1526 Mas Bosch is classified as one of the several large, fortified stately farmhouses from the 16th century that are preserved in the Empordà Region. The history of this farmhouse is reflected in its historical decorative elements.



## 28th September

9.00 h Check out & transfer to Can Gusó

#### Briefing and CSR Activity at Aiguamolls de l'Emporda 9.40 h natural park

The Parc Natural dels Aiguamolls de l'Empordà is a natural park in Catalonia. It forms part of the Bay of Roses and It is the second largest wetland in Catalonia at over 4,800 hectares and was established in 1983.



- 12.00 h Transfer to Eco-museum "La Farinera"
- 13.00h Transfer to Spa Terraza Hotel 4\*











### 13.45 h Lunch & site inspection of Hotel Spa Terraza 4\*

Set in one of the most beautiful bays on the coastline, between the Mediterranean and the Cap de Creus Natural Park, the hotel boasts a privileged location, right on the beach and just 300 metres from the centre of Roses.

Guided tour at Citadelle of Roses 16.00 h A 16th century fortress built on the site that houses the remains of the ancient Greek, Roman and mediaeval cities. Its spacious areas and secluded spots make it suitable for holding all kinds of events. The relaxing atmosphere, impressive views and historical setting, along with its cultural possibilities, are what make this a special and unique site

#### Site inspection at Castle of Trinitat. 17.15 h

The Castle of La Trinitat is a fort built during the reign of the Holy Roman Emperor Charles V that has recently been restored according to contemporary criteria, revealing its original dimensions and emphasising the imposing form of its ancient structure. The Castle rises above Roses harbour and boasts a terrace that offers outstanding views of the entire bay and the Empordà area.

- Transfer to Girona city. 18.15 h
- Check in **DoubleTree by Hilton Girona** and free time 19.00 h
- Farewell dinner in Girona 20.30 h

















## 29th September

- 09.30 h Girona City tour & lunch at Girona Congress Centre
- 13.30 h Departures to Barcelona Airport & Girona Railway Station













## CONTACT

## Costa Brava Girona Convention Bureau

Ignasi Cabañas Meetings&Incentives icabanas@costabrava.org

Tura Masoliver

Meetings&Incentives tmasoliver@costabrava.org

Clàudia Trias Meetings&Incentives convention@costabrava.org





