

A land of enogastronomy and medieval villages

Costa Brava Challenge Week

27th September

16.00 h Transfer to Torroella de Montgrí – L’Estartit

16.40 h **CSR Activity at Torroella de Montgrí dunes**

Get to know the project behind the Montgrí, Medes Islands and Baix Ter Natural Park and help them preserve the natural habitat of unique species.

18.40 h Transfer to Pals

19.00 h Check in and dinner at **La Costa Golf & Beach Resor**

The resort’s unique natural setting, just 100 metres from Pals beach and close to the natural park, enables us to offer a highly varied leisure programme with different options for exploring and enjoying the Empordà.



28th September

9.00 h Check out

9.15 h **Burricleta** (E-bike activity) throughaout medieval villages

A burricleta ride will give you the chance to discover the country’s beauty spots, and you can also combine the routes with tasting local produce or trying your hand at genuine activities.

11.15 h Transfer to Palamós



11.45h Fishermen's cuisine workshop & lunch in **Espai del Peix**

The Costa Brava has a seafaring and fishing tradition that is still very much alive today. In Palamós, the Fishing Museum and its educational gastronomic centre, "Espai del Peix", give visitors the chance to discover it through guided visits, cookery workshops and sampling sessions of seafood and traditional fisherman's cuisine



14.30 h Transfer Santa Cristina d'Aro

15.00 h Site inspection at **Hotel Sallés Mas Tapiolas**

Located in the middle of the outstanding views of the valley of Solius and the monastery, the hotel boasts 70 hectares of gardens and Mediterranean woodland for holding team-building activities. Its two fully-equipped meeting rooms make it perfect for all sorts of meetings and incentives. The hotel holds its own 18-hole par 3 golf course, 27 mountain-bike routes and 10 hiking itineraries.



16.00h Transfer to Girona city.

16.30h Check in **DoubleTree by Hilton Girona** and free time

20.30h Farewell dinner in Girona



29th September

09.30 h Girona City tour & lunch at Girona Congress Centre

13.30 h Departures to Barcelona Airport & Girona Railway Station





CONTACT

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